

No. CUK/ADMN-III/F-749/2022-23/962

Date: 08-12-2023

CIRCULAR

Sub: Conducting Yoga classes in physical mode — Reg.

Free Yoga classes will be conducted in physical mode from 11.12.2023, for the physical well-being of the University fraternity and students. Following are details of the free Yoga classes:

S.NO.	Days	Timing s	Venue	Yoga consultant
1	All the Days for Males	6:30 pm to 7:30 pm	Dept. of Education	Mr. Santosh Bashetti
2.	All the Days for Females	6:30 pm to 7:30 pm	Guest House 1 st floor Seminar Hall	Miss. Jyostna Amewadkar

All the Students, Teaching and Non-Teaching Staff are requested to avail the opportunity of attending the above Yoga classes as per the schedule.


8/12/23
Registrar

Copy to:

- 1 The PS to the Vice Chancellor.
2. The PA to the Registrar.
3. All the Deans/Heads of Departments/Sections Heads.
4. All Hostel Wards and Chief warden.
5. Sports Coordinator and Director.
- 5 The Dean, and Asst. DSW.
- 6 The System Analyst to upload the same in the University website.
8. The Deputy Director (OL), Rajbhasha Section (for Translation)
9. Concerned file

कुलसचिव / REGISTRAR
कर्नाटक केन्द्रीय विश्वविद्यालय
Central University of Karnataka
कलबुरगी / KALABURAGI