



CENTRAL UNIVERSITY OF KARNATAKA

Department of Psychology School of Social and Behavioral Sciences

is organising

A one-day National Skill Development Program on

EMOTIONAL FREEDOM TECHNIQUE

Course schedule:

Date: November 15th, 2023

Duration: One Day and followup sessions

Seats Available: 40

9.30 am to 12.30 pm and

3.15 pm to 6.15 pm

Only limited seats are available on a
first -come, first -serve basis.

Register Now

About workshop

EFT is an emotional version of acupuncture wherein we stimulate the meridian points by tapping on them with the finger tips. This addresses a new cause of emotional issues (unbalanced energy meridians).

Properly done this reduces the therapeutic processes from months down to hours and minutes. You can apply EFT to just about everything including fear, trauma, grief etc. EFT is quick, easy to learn simple to explain. EFT is approved APA(American Psychological Association) as partially evidence based therapy. EFT is designed by Gary Craig.

About the Resource person:

K.C.Thomas is one of the first one to introduce EFT in India (2004) after he returned from US. He has trained over 1500 in the use of EFT.



Registration fee structure:

For students: 500

Scholars: 700

Professionals: 1000

Who should attend?

Faculty Members

Research Scholars

Students

HOW TO APPLY:

Participants need to fill out the Google form and submit the registration fee in favour of the HoD Psychology, payable at Canara Bank, Kadaganchi branch, Kalaburgi, Central University of Karnataka.

Bank Name: Canara Bank, Kadaganchi Branch

Account Number : 110148758288

Account Name: HOD PSYCHOLOGY

IFSC: CNRB0005109

Limited accommodation is available in the guest house. Accommodation can be provided on a payment basis separately. Participants will be selected on a first-come-first-served basis.

Registration closes on 11th November 2023

Course Coordinator :

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