



**CENTRAL UNIVERSITY OF KARNATAKA**  
**School of Social and Behavioral Science**  
**DEPARTMENT OF SOCIAL WORK**



**INAUGURATION PROGRAMME**

Date: 28.10.24 (Monday), Time: 09.30 am

**Micro - Planning Training for Village  
Development  
For Social Work Trainees**

(28.10.24 to 30.10.24)

Time : 09.30 am to 05.30 pm

Venue: Seminar Hall, DSW, CUK

**Inauguration : Prof. Battu Satyanarayana**

Hon'ble Vice Chancellor

Central University of Karnataka

**Orientation Speaker : Prof. Channaveer R.M**

Dean, SSBS

Central University of Karnataka

**Prof. Pavitra R Alur**

Head, Dept. of Social Work

Central University of Karnataka

**Facilitators**

**Dr. Channaveer R. M., Dr. Pavitra R Alur, Dr. Lakshmana G.,  
Dr. Chithala V., Dr. Srinivasa D., Dr. M. Sivamoorthy, Dr. Bhagyashree, Dr. Praveen**

**Training Coordinators:**

**Dr Srinivasa D & Dr. M. Sivamoorthy**





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## Department of Social Work

### Micro Planning Training for Social Work Trainees

| Day – 1 (28.10.24)                 |                                                                                                                                                                            |                      |                                                                                                                                                                                                            |                                   |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| Session                            | Components                                                                                                                                                                 | Duration             | Exercises                                                                                                                                                                                                  | Trainer cum Facilitator           |
| 1                                  | Orientation on Micro Planning & PRA<br>- Introduction<br>- Concept<br>- Principles<br>- Basic Assumption<br>- Advantages / Strengths of PRA<br>Participatory Transect Walk | 9.30 am to 10.30 am  | - Ask the answers on random basis from the trainees<br>- Expected data to be generated.<br>- Recapitulate the lesson by Trainees<br>- Ask the Trainees to have a transect walk of the present ( Role play) | Dr Channaveer RM (All Faculties ) |
| 2                                  | Force Field Analysis<br>- Meaning / Purpose<br>- Process of conducting do-it-yourself<br>- Minimum data to be generated<br>- Discussion                                    | 10.31 to 11.00       | - Recapitulate the lesson by Trainees<br>- Ask the Trainees to conduct a Forced Field Analysis themselves (Roleplay)                                                                                       | Dr. Channaveer RM                 |
| Break (11.01 am to 11.15am)        |                                                                                                                                                                            |                      |                                                                                                                                                                                                            |                                   |
| 3                                  | Resource Mapping<br>- Meaning / Purpose<br>- Process of preparation of the resource map<br>- Minimum data to be generated<br>- Discussion                                  | 11.16 am to 12.15 pm | - Recapitulate the lesson by the trainees<br>Ask the group to draw a Resource Map of their community (Roleplay)                                                                                            | Dr Praveen                        |
| 4                                  | Case Study<br>- Meaning / Purpose<br>- Process of conducting Case study<br>- Minimum data to be generated                                                                  | 12.16 pm to 1.00 pm  | - Recapitulate the lesson by Trainees<br>- Ask the Trainees conduct case study among themselves (Demonstration)                                                                                            | Dr Lakshmana                      |
| Break: 1.00 pm to 2.00 pm          |                                                                                                                                                                            |                      |                                                                                                                                                                                                            |                                   |
| Practice : 2.00 pm to 4.00 pm      |                                                                                                                                                                            |                      |                                                                                                                                                                                                            |                                   |
| Report writing: 4.00 pm to 5.30 pm |                                                                                                                                                                            |                      |                                                                                                                                                                                                            |                                   |

The trainer will open each session with the following session plan



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| Day – 2 (29.10.24)                 |                                                                                                                                           |                      |                                                                                                                                                                 |                         |
|------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| Session                            | Components                                                                                                                                | Duration             | Exercises                                                                                                                                                       | Trainer cum Facilitator |
| 5                                  | Seasonal Diagram<br>- Meaning / Purpose<br>- Process of conducting timeline study<br>- Minimum data to be generated<br>- Discussion       | 9.30 am to 10.30 am  | - Recapitulate the lesson by Trainees<br>- Ask the Trainees to draw a seasonal diagram in consultation of their own native (Role play)                          | Dr Srinivasa            |
| 6                                  | Social Mapping<br>- Meaning Purpose<br>- Social Map Steps to use of social<br>- Minimum information to be generated<br>- Discussion       | 10.31 to 11.00       | - Recapitulate the lesson by the trainees<br>- Ask the group to draw a social map of the Their community (Demonstration)<br>-                                   | Dr Bhagyashree          |
| Break (11.01 am to 11.15am)        |                                                                                                                                           |                      |                                                                                                                                                                 |                         |
| 7                                  | Time Lines and Trends<br>- Meaning / Purpose<br>- Process of conducting time line study<br>- Minimum data to be generated<br>- Discussion | 11.16 am to 12.15 pm | - Recapitulate the lesson by Trainees<br>- Ask the Trainees conduct a timeline among themselves (Role play)                                                     | Dr Chitkala             |
| 8                                  | Informant Interview<br>- Meaning / Purpose<br>- Process of conducting interviews<br>- Minimum data to be generated<br>- Discussion        | 12.16 pm to 1.00 pm  | - Recapitulate the lesson by Trainees<br>- Ask the Trainees to find the any common problem conduct an Informant Interview among themselves (Demonstration)<br>- | Dr Chitkala             |
| Break : 1.00 pm to 2.00 pm         |                                                                                                                                           |                      |                                                                                                                                                                 |                         |
| Practice : 2.00 pm to 4.00 pm      |                                                                                                                                           |                      |                                                                                                                                                                 |                         |
| Report writing: 4.00 pm to 5.30 pm |                                                                                                                                           |                      |                                                                                                                                                                 |                         |

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| Day – 3(30.10.24)                  |                                                                                                                                                                                |                      |                                                                                                                                                                                            |                         |
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| Session                            | Components                                                                                                                                                                     | Duration             | Exercises                                                                                                                                                                                  | Trainer cum Facilitator |
| 9                                  | Key Goal Setting (Problem Tree & Objective tree Analysis)<br>- Meaning / Purpose<br>- Process of conducting Key Goal Setting<br>- Minimum data to be generated<br>- Discussion | 9.30 am to 10.30 am  | - Recapitulate the lesson by Trainees<br>- Ask the Trainees to prepare Problem tree & Objective tree                                                                                       | Dr Pavitra              |
| 10                                 | FGD<br>- Meaning / Purpose<br>- Process of conducting FGD<br>- Minimum data to be generated<br>- Discussion                                                                    | 10.31 to 11.00       | - Recapitulate the lesson by Trainees<br>- Ask the Trainees conduct FGD (Demonstration)                                                                                                    | Dr. Lakshmana           |
| Break 11.00 to 11.15               |                                                                                                                                                                                |                      |                                                                                                                                                                                            |                         |
| 11                                 | Wealth Ranking<br>- Meaning / Purpose<br>- Process of conducting seasonal diagram<br>- Minimum data to be generated<br>- Discussion                                            | 11.16 am to 12.15 pm | - Recapitulate the lesson by Trainees<br>- Ask the trainees to have ranking exercise based on the resources available in their community (Demonstration)                                   | Dr Bhagyashree          |
| 12                                 | Venn Diagram<br>- Meaning / Purpose<br>- Process of conducting seasonal diagram<br>- Minimum data to be generated<br>- Discussion                                              | 12.16 pm to 1.00 pm  | - Recapitulate the lesson by Trainees<br>- Ask the Trainees to prepare aVenn diagram considering their interaction as trainees of theinstitute with different institutions (Demonstration) | Dr Srinivasa            |
| Break: 1.00 pm to 2.00 pm          |                                                                                                                                                                                |                      | Training Coordinator<br><br>Dr Srinivasa                                                                                                                                                   |                         |
| Practice : 2.00 pm to 4.00 pm      |                                                                                                                                                                                |                      |                                                                                                                                                                                            |                         |
| Report writing: 4.00 pm to 5.30 pm |                                                                                                                                                                                |                      |                                                                                                                                                                                            |                         |

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