



No. CUK/ADMN-III/F-749/2023-24/685

6 OCT 2023

CIRCULAR

All Students, Teachers, and Non-Teaching staff members are hereby informed to attend a special function organized by the University to observe "World Mental Health Day." This event will take place in Auditorium No. 2 on 10th October, 2023, at 4:00 PM.

Our distinguished guest for this occasion is Dr. Ajay Dhage, Psychiatrist Founder and Managing Director and Consultant Psychiatrist at Suman Neuro-Psychiatry and Alcohol De-Addiction centre, Kalaburagi. Dr. Ajay will address the gathering on the important topic of Mental health awareness. The aim of this event is to raise awareness about mental health and promote a sense of hope and support within our university community.

#By Order#

To


Registrar
6/10/23

All Teaching, Non-Teaching employees and students of the University.

Copy to:

कुलसचिव / REGISTRAR
केन्द्रीय विश्वविद्यालय
Central University of Karnataka
कलबुरागि / KALABURAGI

1. Deans/Heads/Coordinators, Concerned School / Department / Centres – Requested to bring the content of the office order to respective Contractual/ /Hourly basis faculty and Research Scholars /Students of the University
2. P S to Vice-Chancellor
3. Concerned File



CENTRAL UNIVERSITY OF KARNATAKA
SCHOOL OF SOCIAL AND BEHAVIORAL SCIENCES
DEPARTMENT OF PSYCHOLOGY

PRESENTS

METANOIA

2K23

MENTAL HEALTH AWARENESS WEEK

OCT 9, 10

VENUE:

DEPARTMENT OF PSYCHOLOGY

EVENT BROCHURE



DAY 1: 9TH OCT

Inauguration - 10:30 AM

Event stalls - 10:30 AM - 5:30 PM

- Testing stalls
- Models
- Colour
- Thesaurus Ghost room
- Rage room
- Anonymous Listener
- House of Myths
- Games

Competitions*

- Poster making
- Face painting
- Tug of war
- Spot photography
- Tug of war
- Reel making
- Poetry
- Treasure hunt

Food Stalls - 4:00 PM

Open Stage - Onwards 6:30 PM

- Talent Stage
- Open Mic Event

- 8:00 PM
Watch out for our
mascot giving out
free hugs!



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UPDATED ON THE LATEST EVENTS & NEWS

METANOIA4ALL & METANO__IA



*Please refer to Metanoia Competitions poster for further details

DAY II : IOT H OCT

Event stalls -10:30 AM - 1:00 PM

Valedictory Event - 3:00 PM - 5:30 PM

- Inauguration
- Expert talk
- Prize Distribution (+Top short-film screening)

Cultural Events -5:45 PM - 6:45 PM

